

# F-1 CURRICULAR PRACTICAL TRAINING

## INSTRUCTIONS and RECOMMENDATION FORM

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### Definition

CURRICULAR PRACTICAL TRAINING (CPT) is an opportunity for international students in F-1 status to participate in professional, temporary employment/training such as an internship, co-op program, practicum or similar situation, which is undertaken prior to the completion of studies. The training must be a requirement

Training (OPT) is permitted at that degree level. Part-time CPT or less than 12 months of full time CPT will not impact the OPT period. Students participating in CPT during a fall or spring semester must be registered as a full-time student. Either failure to enroll in the specific course for which the CPT is approved, or failure to complete the employment/training during the period of authorization will result in a violation of immigration status.

### Eligibility

Students are eligible for Curricular Practical Training after they have completed two full semesters (fall and spring) in valid F-1 status (including enrolling full-time each semester and possessing a valid I-20). Time spent on an approved full-time study abroad program may be counted toward the two-semester requirement as long as the student has completed one semester in the U.S. before studying abroad.

### Authorization

CPT is authorized by The Office of Global Education (OGE). Training may not begin until the proper authorization is obtained and must end by the authorized completion date.

### Forms

The form, Curricular Practical Training Recommendation Form is printed on the reverse side of this handout. Please include, if there is, departmental forms as well in this application.

### How to Apply

1. Complete Section A of the Curricular Practical Training Recommendation Form and submit to the Office of Global Education (OGE) at 106 Hara Hall, University of Michigan, Ann Arbor, MI 48106-1061. Fax: (734) 763-1478, (734) 763-1479, (734) 763-1480, (734) 763-1481, (734) 763-1482, (734) 763-1483, (734) 763-1484, (734) 763-1485, (734) 763-1486, (734) 763-1487, (734) 763-1488, (734) 763-1489, (734) 763-1490, (734) 763-1491, (734) 763-1492, (734) 763-1493, (734) 763-1494, (734) 763-1495, (734) 763-1496, (734) 763-1497, (734) 763-1498, (734) 763-1499, (734) 763-1500.

